

About Gambian Fish

In The Gambia, we offer a rich variety of over 500 species of pelagic, demersal and invertebrate fish and seafood, sourced sustainably from our abundant waters. Our fish and seafood are renowned for exceptional quality, flavor, and nutritional value.

Why Gambian Fish & Seafood?

The Gambia's location along the Atlantic coastline offers pristine waters teeming with diverse fish species. Choosing Gambian fish means enjoying premium products while supporting sustainable practices and local communities.



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*From the waters of
The Gambia to your
table*



The Gambian Promise

We deliver only the freshest fish, expertly handled and processed to meet international standards. From artisanal to industrial fishing, our products ensure quality, sustainability, and flavor.



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Gambian Fish

Fish from The Gambia: Fresh, Sustainable, Delicious

Gambian fish and seafood bring a taste of freshness and health, supporting livelihoods and preserving traditions.

Our fish offers something for everyone, from tender fillets to hearty cuts. Our species include both pelagic and demersal fish and invertebrates.



Unlocking The Gambia's Export potential:
Bridging Markets, Powering Growth

Health is Wealth

- **Heart Health:** Rich in Omega-3 fatty acids for cardiovascular support.
- **Protein Source:** High-quality protein for muscle and tissue repair.
- **Brain Boost:** Supports cognitive health and development.
- **Low in Calories:** Ideal for healthy, balanced diets.

Why Choose Fish from the Gambia?

- 01 Diverse Selection**
Over 500 species to choose from including pelagic, demersal and invertibrates
- 02 Sustainability**
Sustainably harvested for future generations
- 03 Support for Gambians**
Every purchase empowers Gambian fishermen and women
- 04 Global Standards**
Meets international safety and quality export standards.
- 05 Economic Value**
Supports livelihoods, boosts exports, and strengthens the economy

Our Fish Varieties

- Pelagic: Sardinella, sole, mackerel, and tuna for versatile, oily richness.
- Demersal: Snapper, Cuttlefish, grouper, and seabream with firm, flaky flesh.
- Crustaceans & Shellfish: Tiger shrimp and pink lady lobster.



Export Opportunities

Gambian fish is increasingly sought after in international markets for its freshness, quality, and sustainability. We provide reliable export solutions for fresh, frozen, smoked, and processed products. Partner with us to bring the flavors of The Gambia to the world.

Our Goal

To position The Gambia as a global leader in sustainable fisheries, fostering economic growth while preserving marine ecosystems and empowering coastal communities.



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